

Dear Families,
Here are some optional activities for you and your preschooler!

Have fun,
GSRP Staff

Week 3- Preschool	Math	Reading	Writing	Science	Social Studies	Co-Curricular
Activity 1	Count by 10's to get to 100! Jump, clap, bend your knees, tap your legs as you count together.	Build letters with different objects. Example sticks, legos, straws or anything you can find around the house.	Read your favorite story and draw a picture of your favorite character. Add some letters in your character's name. Try to write the first initial.	Hot Air Race - find some small items: cotton ball, marbles, feathers or paper wadded into a ball. Use a straw or just your own breath to move them across the floor or table. How fast can you go? How far did it go?	Family Traits - Talk about similarities and differences in your family like; eye color, hair color, size, age ect...	ABC Yoga - Try to see if you can make your body look like a letter, t, s, c, r, l, L, x etc... Can you make other letters with a family member? What letters can you make together?
Activity 2	Practice measuring at home. You can use a ruler or objects to line up next to objects. See how many Lego's long is a wooden spoon? Compare with another object. How many Legos long is the floor mat? Which is longer? Shorter?	Put some different items from around your house into a bag. This is called the ABC Mystery Bag. You can use any bag! Pull out an item and name the sound and letter that it begins with. See how many different letters you can name. Count them!	Help your family write a list of jobs to be done around the house.	Oil and water experiment- You will need: Baby oil or vegetable oil (depends on if you want it to be clear) Washable liquid watercolors or food coloring Droppers 1.Put water in several cups and add food coloring or liquid watercolors to the water. Then stir to combine 2.Place a pipette in	Have a family picnic outside. Read a story while your child is eating.	Tic Tac Toe - see who can get 3 x's or o's in a row first. Lots of fun and will help with fine motor.

				<p>each colored glass of water.</p> <p>3.Fill a cup about half way with oil</p> <p>While enjoying this science exploration kids will explore how oil and water do not mix together. For young children, there is no need to fully explain the concept behind it, but it is a great start to simply explore the two liquids and see how they behave when mixed together.</p>		
Activity 3	<p>Have your child walk around the house and collect toys or items of various sizes. Allow them to line the items up from smallest to largest. Use different terms to describe the sizes-tiny, middle, medium, large, humongous, etc. use a ruler or tape measure to measure the items and have your child touch each number on the ruler to count the length. This is a great opportunity to include some</p>	<p>That's My Letter - Have your child find and circle letters from their name in a magazine or news article. For a greater challenge see if they can find a picture that starts with the first letter of their name. If they want they could cut out the picture or letter and make a book all about their letter.</p>	<p>Write your family member's names on a sticky note and hang them on each of their bedroom doors. Draw them a picture to make them smile on the note.</p>	<p>Go outside and look for signs of spring Look at buds on the greens or flowers starting to come up out of the ground. Listen for birds, what kids of birds do you see.</p>	<p>Collect any maps you may have around the house or look at one online. For example, a map of the zoo or a mall could be used. Look for landmarks like bathrooms or food, etc. help your child interpret what the symbols mean. And have them describe how they would</p>	<p>Create a superhero. Come up with a picture of what your superhero would look like. What name would your superhero have.</p>

	measurement, sorting and counting in your child's day.				get to the location of the symbols according to the map.	
Activity 4	<p>Ice Cube Tray Sorting and Pattern-making - Here's a way to mix math, art, and fine motor skills. You'll need an ice cube tray, egg container, or muffin tin, plus small items to play with such as various dried beans, buttons, coins, or marbles. Your child can sort items (by color, size, or any way they like), make patterns with them or invent their own game. There are tons of possibilities and no right answers: this type of play blends logical thinking and mathematical reasoning with creativity.</p> <p>For extra fun and challenge, use tweezers or clothespins to pick up the items.</p>	<p>Make a magic wand out of a straw, pencil, stick. Then line up boxes and cans of food. Choose a letter leader to pick a letter and then use your wand to find all the chosen letters on the food containers.</p>	<p>Make bookmarks using paper, crayons or markers. Have your child try to draw their favorite book characters on the bookmarks along with the name of the character or their own name.</p>	<p>Draw a picture of yourself dressed for the weather today. Talk about what is happening outside and why you need certain items to wear. What would you look like if the weather gets warmer or colder?</p>	<p>Where do you live? Have your child draw a picture of your house and then you can add the address. Place in a visible spot in the house to practice your house numbers and street.</p>	<p>Have a family dance party.</p>