




ROYAL OAK SCHOOLS
Elementary Lunch – MARCH, 2019

Student Lunch \$2.60
 Reduced Price \$.40

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Find menus, nutrition, allergen information and more online, or on your phone!</p> <p>Download School Menus from Nutrislice to your smartphone by visiting the App Store, or at royaloakschools.nutrislice.com</p>				<p>1 LUCKY TRAY DAY</p> <p>A: Lucky Charms Fun Lunch</p> <p>B: Beef Hot Dog on WW Seasoned Broccoli Fresh Grape Tomatoes Apple</p>
<p>4</p> <p>A: Chicken Nuggets w/ STEAMED QUINOA</p> <p>B: All American Sloppy Joe</p> <p>Baked Beans</p> <p>Fresh Red Pepper Strips</p> <p>Chilled Fruit Cocktail</p>	<p>5</p> <p>A: Stuffed Crust Cheese Pizza</p> <p>B: Beef & Bean Chili Nachos</p> <p>Seasoned Corn</p> <p>Fresh Grape Tomatoes</p> <p>Chilled Pears</p>	<p>6</p> <p>A: Cinni-Mini French Toast Bites w/ Sausage Patty</p> <p>B: Mini Turkey Corn Dogs</p> <p>Tater Tots</p> <p>Fresh Baby Carrot Crunchers</p> <p>Chilled Apple Juice</p>	<p>7</p> <p>A: Bosco Sticks w/ Pizza Dipping Sauce</p> <p>B: Turkey & Cheese on Flatbread</p> <p>Seasoned Broccoli Florets</p> <p>Marinated Cool Cucumbers</p> <p>Orange Wedges</p>	<p>8</p> <p>A: Stuffed Pretzel Fun Lunch</p> <p>B: Mozzarella & Tomato Panini</p> <p>Seasoned Mixed Vegetables</p> <p>Fresh Celery Sticks</p> <p>Watermelon Craisins</p>
<p>11</p> <p>A: Popcorn Chicken w/ WG Dinner Roll</p> <p>B: Cheese Quesadilla</p> <p>Seasoned Cauliflower</p> <p>Fresh Cucumber Coins</p> <p>Apple</p>	<p>12</p> <p>A: Stuffed Crust Pepperoni Pizza</p> <p>B: Classic Cheeseburger on Bun</p> <p>Seasoned Peas</p> <p>Confetti Coleslaw</p> <p>Chilled Peaches</p>	<p>13</p> <p>A: Blueberry Bash Waffles w/ Sausage</p> <p>B: APPLE PIE OVERNIGHT OATMEAL</p> <p>Hashbrown Starz</p> <p>Fresh Baby Carrots</p> <p>Assorted Fruit Juice</p>	<p>14</p> <p>A: Bosco Sticks w/ Pizza Dipping Sauce</p> <p>B: Chicken Fajita Wrap</p> <p>Roasted Broccoli</p> <p>Tomato, Mozzarella & Basil Salad</p> <p>Chilled Pineapple Tidbits</p>	<p>15 DISCOVERY KITCHEN Keller Elementary</p> <p>A: Nacho Fun Lunch</p> <p>B: Grilled Cheese on Goldfish Bread</p> <p>Seasoned Corn</p> <p>Chilled White Beans</p> <p>Chilled Applesauce</p> <p>Cups</p>
<p>18 LUCKY TRAY DAY</p> <p>A: Crispy Chicken Tenders w/ WG Dinner Roll</p> <p>B: Turkey Corn Dog</p> <p>Seasoned Carrots</p> <p>Fresh Cauliflower</p> <p>Assorted Craisins</p>	<p>19</p> <p>A: Deep Dish Cheese Pizza</p> <p>B: WHOLE GRAIN MACARONI & CHEESE</p> <p>Savory Green Beans</p> <p>Fresh Broccoli</p> <p>Chilled Cherry Applesauce</p>	<p>20</p> <p>A: Mini Maple Madness Waffles w/ Sausage</p> <p>B: Beef Patty Melt</p> <p>Potato Smiles</p> <p>Marinated Tomato & Cucumber Salad</p> <p>Orange Wedges</p>	<p>21</p> <p>A: Bosco Sticks w/ Pizza Dipping Sauce</p> <p>B: Breaded Chicken Pretzel Sandwich</p> <p>Seasoned Mixed Vegetables</p> <p>Lettuce & Spinach Side Salad</p> <p>Chilled Pineapple</p>	<p>22</p> <p>A: Bagel Fun Lunch</p> <p>B: Italian Meatball Sub</p> <p>Seasoned Peas</p> <p>Chilled Red Beans</p> <p>Chilled Fruit Punch</p>
<p>25</p> <p>A: Chicken Nuggets w/ WG Dinner Roll</p> <p>B: Toasted Cheese Bagel</p> <p>Vegetarian Baked Beans</p> <p>Fresh Baby Carrot Crunchers</p> <p>Chilled Cinnamon Pears</p>	<p>26</p> <p>A: Deep Dish Pepperoni Pizza</p> <p>B: Classic Hamburger</p> <p>Seasoned Peas & Carrots</p> <p>Broccoli Salad w/ Raisins</p> <p>Apple</p>	<p>27</p> <p>A: Mini Blueberry Pancakes w/ Sausage</p> <p>B: Cheesy Soft Beef WG Taco</p> <p>Tater Tots</p> <p>Fresh Cucumber Coins</p> <p>Chilled Peaches</p>	<p>28</p> <p>A: Bosco Sticks w/ Pizza Dipping Sauce</p> <p>B: California Chicken Cheese Wrap</p> <p>Seasoned Corn</p> <p>Fresh Red & Green Pepper Strips</p> <p>Chilled Fruit Punch</p>	<p>29</p> <p>A: Yogurt & Graham Cracker Fun Lunch</p> <p>B: Beef & Bean Chili w/ WHOLE GRAIN BISCUIT</p> <p>Seasoned Broccoli w/ Cheese</p> <p>Fresh Grape Tomatoes</p> <p>Strawberry Craisins</p>

Fresh Fruit and Vegetable Available Daily

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and low fat chocolate.



For questions about the menu, please contact Mike Jacobs, Director of Dining Services @ 248.435.8500, x. 1122

This institution is an equal opportunity provider.

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