

Suggested Opportunities March/April 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
Please remember to limit the amount of screen time.	16 Practice hand washing. Sing the ABC's twice before raising the soap off hands. Make sure to get tops and bottoms and between fingers.	17 Go on a letter hunt around the house. Try to find letters in your name.	18 Cut letters or pictures out of junk mail and glue onto a piece of paper.	19 Get out those crayons and markers and color a picture. Encourage your child to label drawing.	20 Sign your favorite Nursery Rhymes. Check out Super Simple Songs on YouTube.	
	23 Practice writing first and last name. Make it fun and make each letter a different color.	24 Practice self help skills like zipping your coat and buttoning pants.	25 Talk a walk around the neighborhood and talk about the things you see.	26 Use 2 different items in your house to make patterns. Ex. car, lego, car, lego	27 Read a book and have your child retell you the story.	
	30 Go outside and ride your bike or scooter.	31 Go on a shape hunt around the house. Talk about how many sides and points the shape has.	1 Make tally marks the number of days you have been out of school.	2 Have your child help make a Chore list, grocery list or To Do list.	3 Include your child in helping with meal prep. Ex. Set the table, help measure ingredients, wash dishes.	
	6 Find random art materials around the house and create a collage.	7 Talk about the changes in the weather and environment (flowers growing, trees budding)	8 Find a deck of cards and sort by number, color, suit or play a game of go fish.	9 Have your child count the number of windows in your house.	10 Write a letter to a friend or family member and then have them mail it.	
	13 Read your child their favorite book or have your child read their favorite book to you.	14 Play a board game as a family. Talk about taking turns and using words.	15 Use a dice, roll and have your child count the dots and then write the number.	16 Practice writing your friends names or the members in your family.	17 Make puppets and then have a puppet show.	

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