







**ROYAL OAK SCHOOLS**  
**Elementary Lunch – FEBRUARY, 2019**

Student Lunch \$2.60  
Reduced Price \$.40

Monday	Tuesday	Wednesday	Thursday	Friday
 Find menus, nutrition, allergen information and more online, or on your phone! Download School Menus from Nutrislice to your smartphone by visiting the App Store, or at <a href="http://royaloakschools.nutrislice.com">royaloakschools.nutrislice.com</a>				
				<del>                     A: Stuffed Pretzel Fun Lunch                      B: Italian Chicken Parm Wrap                      Seasoned Peas &amp; Carrots                      Fresh Celery Sticks                      Watermelon Craisins                 </del>
4 A: Chicken Nuggets w/ WG Dinner Roll B: Spaghetti & Meatballs Savory Green Beans Fresh Cucumber Coins Chilled Pineapple	5 LUCKY TRAY DAY A: Stuffed Crust Pepperoni Pizza B: Mini Turkey Corn Dogs Spicy Roasted Garbanzo Beans Fresh Red & Green Pepper Strips Chilled Fruit Punch	6 A: Mini Maple Waffles w/ Sausage Patty B: Cheese Quesadilla w/ Salsa Sweet Potato Tots Fresh Grape Tomatoes Chilled Cinnamon Apple Slices	7 A: Bosco Sticks w/ Pizza Dipping Sauce B: Crispy Chicken Patty Sandwich Seasoned Broccoli Florets Fresh Baby Carrot Crunchers Banana	<del>                     A: Nacho Fun Lunch                      B: Hot Ham &amp; Cheese Sandwich                      Seasoned Brussel Sprouts                      Fresh Cauliflower Clouds                      Raisins                 </del>
11 A: Popcorn Chicken w/ WG Dinner Roll B: WG Beef Soft Taco Seasoned Carrots Chilled Black Beans Chilled Pears	12 A: Classic American Cheeseburger B: Hot Dog on WW Bun Cinnamon Sweet Potatoes Fresh Celery Sticks Grapes	13 A: Mini Strawberry Pancakes w/ Sausage B: Turkey & Cheese Pinwheels Tater Tots Fresh Cauliflower Florets Orange Smiles	14 I ♥ Pizza Party! A: Deep Dish PEPPERONI Pizza B: Deep Dish CHEESE Pizza Savory Green Beans Lettuce & Tomato Side Salad Assorted Chilled Fruit Juice	<del>                     15 DISCOVERY KITCHEN Upton Elementary                      A: Bagel Fun Lunch                      B: Grilled Cheese &amp; Tomato Soup                      Seasoned Corn                      Fresh Green Pepper Strips                      Chilled Sliced Apples                 </del>
18 <b>No School Mid-Winter Break</b> 	19 <b>No School Mid-Winter Break</b> 	20 A: Italian Baked Pasta w/ Breadstick B: No "B" Choice Savory Green Beans Fresh Cucumber Coins Chilled Applesauce	21 A: Bosco Sticks w/ Pizza Dipping Sauce B: Turkey Corn Dog Roasted Broccoli Fresh Baby Carrot Crunchers Chilled Pineapple	<del>                     22 LUCKY TRAY DAY                      A: Yogurt &amp; Graham Cracker Fun Lunch                      B: Mozzarella &amp; Pepperoni Panini                      Seasoned Peas                      Fresh Grape Tomatoes                      Assorted Craisins                 </del>
25 A: Crispy Chicken Tenders w/ WG Dinner Roll B: Cheesy Nachos Mexican Style Refried Beans Fresh Cucumber Coins Apple	26 A: Cheesy French Bread Pizza B: Classic Hamburger Roasted Sweet Potatoes Fresh Green Pepper Strips Chilled Peaches	27 A: Mini Blueberry Pancakes w/ Sausage B: Cheesy Pizza Roll Up Hashbrown Starz Marinated Tomato & Cucumber Salad Chilled Fruit Cocktail	28 A: Bosco Sticks w/ Pizza Dipping Sauce B: Chicken Ranch Wrap Seasoned Peas Confetti Coleslaw Chilled Fruit Punch	

Fresh Fruit and Vegetable Available Daily

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and low fat chocolate.

 Vegetarian Item	 Locally Grown	 Food Focus
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For questions about the menu, please contact Mike Jacobs, Director of Dining Services @ 248.435.8500, x. 1122

This institution is an equal opportunity provider.