

# February 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	
*All juice is 100% *All milk is 1% white *WG=Whole grain	29 WG toast, sunbutter/jelly, pears & milk  Cucumbers, hummus, pita, water	30 WG Cheerios cereal, strawberries, milk  Graham crackers, milk	31 Yogurt, granola, blueberries & milk  Wheat Thins, cheese cubes, apple juice	1 WG English muffin, jelly, pineapple, milk  Chex-mix, apple juice	2	
	5 WG toast, sunbutter/ jelly, pears & milk  Carrots, ranch, applesauce &, water	6 WG bagel, cream cheese, grapes, milk  Broccoli, ranch, applesauce, water	7 Yogurt, granola, blueberries & milk  Tortilla chips, salsa, juice	8 WG waffles, banana, milk  Goldfish crackers, juice	9	
	12 WG toast, sunbutter/ jelly, pears & milk  String cheese, peaches, water	13 WG pancakes, strawberries, milk  Vanilla wafers, milk	14 Yogurt, granola, blueberries & milk  WG Wheat Thins, cheese cubes, apple juice	15 WG Kix cereal, banana, milk  Applesauce, pretzels, water	16	
	19  No School	20  No School	21 Yogurt, granola, blueberries & milk	22 WG waffles, banana, milk  Teddy Graham Crackers & milk	23	
	26 WG toast, sunbutter/ jelly, pears & milk  Cucumbers, hummus, pita, water	27 WG Cheerios cereal, strawberries, milk  Cauliflower, ranch, applesauce & water	28 Yogurt, granola, blueberries & milk  Pretzels & juice	1 WG bagel, cream cheese, grapes, milk  Celery, raisins, cream cheese & juice	2	

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